

Archetypes: Sacred Contracts and Themes in our Lives

presented by Diane Horne

Do you want to experience the deeper significances of your life and your relationships?

Have you ever asked yourself what you were capable of doing in this lifetime—and what your soul might have to do with this?

Have you ever stepped back from your life, seen behaviors and situations that recur, and wondered what the source is within you for these patterns?

Have you sensed agreements you might have made with yourself and others before arriving in earth school?

If you felt a wordless “yes” rise up in you as you read these questions, then you’re more aware than you might think of the sacred contracts and symbolic archetypes that are part of your energetic system...and this workshop is for you.

Based on the work of Dr. Caroline Myss, sacred contracts are agreements we make with ourselves and others before entering the earth plane. Archetypes are universal themes of human behavior that offer glimpses into what motivates our choices—a code through which we relate to the goals (contracts) our soul chose. Understanding these goals and archetypes helps us see ourselves more clearly, that we might fully embrace the gift that is our life.



In this workshop series, we will choose the 12 archetypes that are most present in our lives and learn how they influence the major arenas of our lives, as described by the 12 houses of the zodiac. We’ll explore how these 12 archetypes factor into so many of the choices we make and the sacred contracts they serve.

Casting archetypal readings is an alchemical tool, resulting in a dialog with your soul that transforms the ‘lead’ of your life into gold. The process will be challenging, provocative and fascinating, exploring “the meaning of me,” rather than “what is the matter with me”—and offering you insights that help you gain self-understanding for years to come.

The archetypal wheel is a tool you can use again and again, a tool for gaining insights into your Self. A tool that leads you away from blame and feeling like a victim to feeling empowered and self aware. A tool that allows you to excavate your soul and come to a deeper understanding of “where to from here, God?” A tool that leads from self criticism to self acceptance, compassion and forgiveness.

Location: Still Point Zen Center: www.StillPointZenCenter.org

Dates & Times: Sunday, October 5 • 1–5pm, pot luck and Packer game at 5:15

Sunday, October 26 • 1–5pm

Sunday, November 9 • 1–5pm, pot luck and Packer game at 5:15

Sunday, November 23 • 1–5pm

Cost: \$100 (participants need to purchase a deck of Caroline Myss’ archetype card).

Questions or to Register: Contact Diane Horne at (414) 962-0173

In preparation for the Class on Archetypes reflect and journal on these themes as revealed in your life:

Each of us can be characterized as being born with 12 basic archetypes that bring some order, understanding and sense of self to our lives. These archetypes provide lessons, experiences, and opportunities in our life from which we learn empowerment.

In discerning these archetypes, it's important to look at your life as journey rather than looking at it as it is right now. The 12 archetypes are about our life-long journey, and apply to life-long themes, rather than ones that are more current or singular.

When you come to the class, you don't have to have all of the answers. But you can benefit from thinking and journaling about some things in your life ahead of time:

What comes naturally to me?

What are my lifelong struggles?

Do I have a passion? Is there something that's driven me from deep within all my life?

What has felt like a calling in my life?

Where have I been overcome with obsessions?

What have been some life-long mysteries?

Am I aware of any fear patterns that seem to have had authority over me?

Am I surrounded by people of a certain nature?

If I say to someone you really don't know me, what do I mean? What part of myself am I talking about?

When I look at things in myself where I say I don't know why I'm like this but I always have been...do I see a pattern in them?

Some additional guidelines for this process:

Think symbolically, not literally.

It's not about right or wrong, it's never that simple

Archetypes are interpretive, not analytical. Two people can select the same archetype for completely different reasons, and that works.

Archetypes are not about what you do; nor are they about what is wrong with you. They're about the meaning of you. So try not to focus on 'your job', but who you are. Think of yourself as a human being, not a human doing.

Don't choose patterns and themes from your desire system. We all want to be something, but that's different from what patterns have been our lifelong companions and formed our soul's journey

While everyone has 12 archetypes (patterns) in this system, 4 of them are survival patterns that we all share.

Recognize that you have paradoxes in your nature. Don't be discouraged if you feel drawn to patterns (archetypes) that appear to conflict with each other. On the other hand, try to see the range of themes you have in your life, rather than those that are very similar. We will talk about families of archetypes in the workshops, and we rarely have 2 archetypes from the same family.

Testimonials from previous participants

The one thing I'd like to praise you for in teaching this class, is your ability to deliver the messages of the archetypes with such gentleness. Some of the archetypes have negative connotations, and granted, they're stereotypical of societal interpretation-like the Thief or Vampire- but in speaking with you, one feels the connection & necessity of such and by incorporating it, or rather the acceptance of it, into one's life, eases the transition to wholeness.
~Mary

The Archetypes Class provides a 'guided' opportunity to do some of the difficult but rewarding work of understanding ourselves, our life-long themes, what we bring to the human community, and personality patterns that are holding us back from being the people we can imagine ourselves being. When done with honesty and intention, it carries us beyond the self-serving feel-good classes too often associated with metaphysical education, and into the realm of real transformation...exactly what we've come to expect from the work of Caroline Myss! The class also provides us with tools and techniques we can use in any situation to help us understand ourselves and our roles.

As a facilitator, Diane Horne brings to this class knowledge, depth, wisdom, experience...and a great laugh! Throughout the class, she was present to the process and vulnerable along with the members of the class. I appreciated her focused yet patient delivery and, as well, her willingness to play.

Being familiar with the work of Caroline Myss, and now being familiar with Diane Horne as a facilitator, I would recommend this class to anyone that is serious about self-understanding, and is interested in developing tools that can help them with the issues of honest transformation.
~Sheila

The information and insights I gained from the workshop and casting my wheel are incredible. I'm actually a bit overloaded by it all right now, and haven't taken any time since class to review. I'm in that "let it sink in" mode! I really liked the format and timeline of the workshop.
~Ellen

I believe you have found one of your gifts..teaching. I keep a little note posted at my desk at work with a quote from Johann Wolfgang von Goethe:

The person born with a talent they are meant to use will find their greatest happiness using it.

YOU WERE BORN TO TEACH!!!!!!
~Alberta

This can be a great activity for an E-circle or I-group to do together. It is also amazing for couples growth and awareness