



Women in Power

Are you ready to embrace your birthright as a powerful woman?

September 6-9, 2007 - Mt. Airy, Maryland

We name our essential, primal life force our 'Inner Predator'. This is the power that guards our being and feeds us. It is the energy we must have for survival and vitality - for life itself. It's time to free our predators:

"Having personally experienced this program, I highly recommend **Women in Power** to any woman who wants to step into her shadow and reclaim another piece of her gold. I have worked with thousands of women and it is vital that we look at the predator energy in our lives so we can stop being victims, stop hurting each other and use our power to move forward in our lives in positive ways. **Women in Power** is a unique, multifaceted program that is staffed and facilitated by women who are compassionate, loving, professional and gifted leaders. Their energies blend to provide deep learning in the ways predator energy can transform a woman's life." **Char Tosi, Founder, Woman Within Training**

- To express anger cleanly
- To share vulnerabilities safely
- To re-energize our sexuality
- To strengthen our ability to "speak truth to power"
- To heal our relationship to the abusers and victims in our inner landscape.
- To reclaim our power from the shadows of past vows we once promised.
- To find a community of women dedicated to our growing fullness.
- To advocate for what is sacred to our hearts and souls.

In **Women in Power**, we create an unprecedented space for women to fully explore their power shadows. We know of no other place in the world where it is safe for women to encounter all realms of her powers, then revel in their embodiment. As women, we are intimately familiar with the perpetrators and the victims within ourselves and in our world. We may flip from judging ourselves for being "too weak" or "too strong," then flog ourselves for being caught in this cycle. In **Women in Power**, we seek to break the habitual victim/perpetrator cycle and liberate the power held in this dynamic. We can use this freed power to live with the full vitality, vibrant sexuality, and powerful action that is our birthright as women.

Healing: it ain't pretty, but it can be beautiful.
~ Terri Nash, Healer and Midwife

Nicola Kurk is a certified trainer, mentor, coach and facilitator of Shadow Work®. She and her husband John conduct Shadow Work trainings and workshops in the UK, Europe, Canada and the US.

Alisa Starkweather is a certified Shadow Work® facilitator since 1995 and is **one of the original founders of Women In Power**. She has been avidly involved in ritual, rites of passage work, community building and healing for twenty years.

Sara Schley is a certified Shadow Work® coach and facilitator and is **one of the original founders of Women In Power**. With her husband, Joe Laur, she founded Seed Systems, a company dedicated to personal and planetary healing. She is the mother of twins.

Jude Blitz, one of the original founders of **Women In Power**, is a psychotherapist in private practice and facilitator of Systemic Constellation Work in Boulder, Colorado and a certified Shadow Work® facilitator.

Janine Romaner, ND, CHT, is a naturopathic doctor and therapist/counselor of 20 years practicing in Atlanta, Georgia. She is a founding member of the Shadow Work® Guild and is a certified Shadow Work® facilitator, trainer and mentor.

Becky Schupbach, a practicing attorney, is a certified Shadow Work® facilitator. She and her husband, Jeff Baugher, lead Shadow Work trainings for men and women. She is also on the facilitation track for Woman Within® and serves as Executive Director for Women In Power.

Our lead facilitators will be supported by additional trained staff and participants of past Women In Power events or more information about Women in Power, visit our website: <http://www.womeninpowerprogram.com/>

When/Where: September 6-9, 2007 in Mt. Airy, Maryland.
Thursday 1:00 pm to Sunday 1:00 pm.
Cost: \$795, includes meals and rustic accommodation

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We ask you (if you are willing) to send this e-flier to women friends and communities who would be excited to know of this revolutionary empowerment work. Thank you!