

Grief Recovery Support Group



A Place for Renewal After Loss

Death Divorce End of Relationship
Loss of Career Loss of Trust Loss of Dreams
Loss of Health, Security, Pregnancy

The Grief Recovery Group is a safe harbor where you will receive support, guidance and tools as you move through your grief. It is a place to continue the work you are doing in Woman Within or Mankind Project.

- **Receive support by others who are grieving, under the guidance of a licensed social worker who is on the Woman Within Facilitation Track**
- **Undo the myths you may have been taught about “handling” or “getting rid of” grief**
- **Lift the weight of your loss from your spirit**
- **Learn healthy ways of celebrating holidays**
- **Create new meaning in your life and live fully in your authentic self**

Grieving is the solution, not the problem.

MONDAYS 7:00 - 9:00 PM
12-WEEK PROGRAM
JANUARY 8 – MARCH 26, 2006

at

The Oak Leaves Building
1140 Lake Street, Oak Park, IL

\$325, all materials included

For more information or to register contact
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